

Sunday 1 WALKS
MARINA WALKERS PROGRAMME
APRIL - MAY 2023

Date	Walk	Ht./ Gain	Kms	Grade, Surf & Cond.	Time	Meeting Place & GPS Reference	Leader
April							
Sun 2 nd	Sierra de la Pansas	1,040/398	14	11, MT+US	10.15	C/Park in Raspay through village on left. .Off CV3223 Pinoso/Yecla Rd. N 38° 26' 21" W 01° 5' 23"	Paul 676588431
Sun 9 th	Les Porrues (New)	491/382	12.7	11, MT+GS+RD+X	10.15	Crevillente Camp Site,N340 2 km after junct CV90 N 38° 14' 26" W 0° 48' 44"	Kevin 0044 7942387054
Sun 16 th	Roldan	470/450	12	12, US+MT	10.15	Bar/Cafe STOP, C/Peronino, Cartagena N 37° 36' 27" W 0° 59' 56"	Penny 966730470
Sun 23 rd	Santomera Circuit	300/240	12	11, US+MT	10.15	Santomera Services, Westbound on A7 motorway. N 38° 6' 08" W 01° 2' 08"	Gordon & Trish 658497004
Sun 30 th	Hondon Nieves Granja Cabra	580/310	11	11, US+R+MT+LD	10.15	Bar Monte Alto, east of Hondon Nieves in Industrial Estate off CV845 N 38 °18' 52" W 0° 50' 57"	Karen & David 666345637
May							
Sun 7 th	El Canton Quarries	782/344	9.3	12, SCR+LD+ST+MT	10.15	Rest Fogons, CV 845, Hondon Frailes/Barbaroja Rd. N 38° 16 '18 " W 0° 56' 29"	Dave Moore 639855801
Sun 14 th	Sierra Escalona, San Miguel	273/273	11	11, US+MT	10.15	Bar O´Neills, by roundabout on CV941, S/W of San Miguel .N 37° 58' 35" W 0 °47' 35 "	Carol & Rod 711023933
Sun 21 st	Sendero de Moriscos Ricote	276/374	13.7	11, R+MT	10.15	Bar Los Pinos, on RM520, Ojos N 38° 8 '57 " W 01° 20' 04"	Norman 653454358
Sun 28 th	Cabo Tinoso	350/350	12	11, R+US	10.15	Bar Cantina, Campilo de Adentro, on RME23. N 37° 34' 02" W 01° 9' 18"	Karen & David 666345637

The Wednesday (3), walks are more strenuous than Sunday 1 walks; if you wish to do the harder walks please check with the walk leader your ability to do them
Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC or Ins docs.

ALL MEASUREMENTS ARE APPROXIMATE

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)