

WEDNESDAY 2

MARINA WALKERS PROGRAMME

OCT-NOV 2023

Date		Walk	Ht./ Gain	Kms	Grade, Surf & Conditions		Meeting Place & GPS Reference	Leader	
OCT									
Wed	4th	Its a Gas	120m/106m	10	5, R+US	10.30	Rest't Venta Vista Alegria Km88.5 On N332 east of Santa Pola N 38 12 12 W 0 33 40	Clive	635860545
Wed	11th	Lion King	300m/200m	11	7,R+US	1030	Bar Montesol at roundabout 2-3Km on CV84 Elche/Aspe Rd N 38 18 33 W 0 44 50	Dean	711009598
Wed	18th	3 Parks	20m/40m	8	5,MS+R+US+MT+X	10.30	Visitors Carpark La Mata Park off N332 La Mata N 38° 1' 28" W 0° 39' 28"	Tony	669761487
Wed	25th	El Mola	75m/116m	10	5,MT+R+US	10.30	Doc;s surgery, Urb La Marina by Tourist Info office N 38 8 07 W 0 41 44	Rod	628871715
NOV									
Wed	1st	Giants Cauldron	100m/145m	8	5, R+US	10.30	Johnson's supermarket Nr La Finca Golf Roundabout N 38 3 37 W 0 46 45	Geoff	698243884
Wed	8th	Aspe Cocoa Circuit	300m/160m	10	5,R+US	10.30	Bar Montesol at roundabout 2-3Km on CV84 Elche/Aspe Rd N 38 18 33 W 0 44 50	Rod	628871715
Wed	15th	La Romaneta Circuit	590m/235m	9	6,MT+US,X+LD	10.30	La Romaneta C/Park 2Km NW of Romana on CV834 N 38 23 02 W 0 54 15	Clive	635860545
Wed	22th	Garruchal Valley Circuit	290m/100m	8	5,US+LD	10.30	Rest't Venta El Garruchal Km8.5 on F13 off San Javier/Murcia Rd N 37 54 23 W 1 03 09	Clive	636860545
Wed	29th	La Marina Valley Circuit	00m/150m	10	5,R+US	10.30	Bar Cherrini Calle Mar Mediterraneo Nr Lidle San Fulgencio Coffee available from 10.00 N 38 7 7 W 0 39 34	Geoff	698243884

Buy an up to date Michelin Zoom map to check road numbers

GRADES <> See Page 7 for Grading's table.

SURFACE <> MT (MOUNTAIN TRACK); R (ROAD); US (UNSURFACED ROAD); X (CROSS COUNTRY);

CONDITIONS <> ER (EXPOSED RIDGES); GE (GULLY EASY); GS (GULLY STEEP); LD (LOOSE DESCENT); Sa (SAND); SCR (SCRAMBLE); ST (STEEP); NR (NOT RECONNOITRED)

N.B. Time given is start time of walk. If you want coffee or toilet please come early. Cancelled if moderate rain at time of meeting.

Both the Wednesday (3) ,Friday and Sunday walks are more strenuous; Please check with the relevant walk leader of your ability to do them.

Boots or non-slip footwear are essential. Sandals, flip-flops etc. can be dangerous on the rocky soil. Please bring plenty to drink, a whistle, personal first aid kit, SIP card EHIC r Ins doc